

OFFICIAL ENTRY FORM

(Secondary Schools ONLY)

Please complete ALL sections of this form. Tick

EVENT: Triathlon
Duathlon

SECTION: age as on 1 January 2010 DOB / /
 Senior boys U19 Int. boys U16 Jnr boys U14
 Senior girls U19 Int. girls U16 Jnr girls U14
Team: Boys Girls Mixed
 Snr U19 Int U16 Jnr U14

INDIVIDUALS:

Name:
School:
Email Address:
Own Phone:
Own address:
TEAMS:
Team name:
School:
Contact Person:
Address:
Phone:
Email:
Names: Swimmer
Cyclist
Runner

Date of school enrolment:

NZ esidency status:

Entry fees: Secondary School Triathlon/Duathlon

\$30 individuals \$45 teams

Fees must accompany entry. Entries not paid by Friday 5 March will incur a late entry penalty of \$5.

I certify that this student/s is/are legitimate representative/s of this school. (Form must be signed by Principal)

Signed: (Principal)

School

WAIVER: I, my next of kin, or any other representative, hereby release and discharge the event organisers, their agents, directors, volunteers, employees, sponsors and any other party associated with the event of any liability, financial or otherwise, which may arise, whether by negligence, from any direct or indirect loss, injury, or death which may be sustained by me, or any other party associated with me, from my intended or actual participation in the event or its related activities.

Signed
(Signature of parent/guardian if 16 or under)

PLEASE SEND ENTRIES TO OAMARU MULTISPORT CLUB, 4 STOKE ST, OAMARU

RULES OF ENTRY

All competitors enter solely at their OWN RISK. The ORGANISERS WILL NOT BE LIABLE for any loss or damage to competitor's equipment. Events may consist of individuals or teams. Teams in the Duathlon must consist of 2 individuals, and in the Stamina Event and Sec Schools Triathlon, 2 or 3 individuals. Competitors who WITHDRAW from any event must NOTIFY THE RACE DIRECTOR as soon as possible. Race Marshals reserve the right to withdraw a competitor if they believe the competitor's health is at risk. Approved helmets must be worn on the cycle section. Helmets must remain secure until the cycle has been racked in the transition area. Equipment must meet safety standards and be in good working order. Disc wheels, tri spokes, wheel covers or deep rimmed wheels over 45mm (when measured from rim edge) not permitted on bikes. Running shoes must be worn on the run. Swim section—no baggy shorts (safety restriction) All roads are open to the public. The road traffic rules apply to all competitors throughout the event. Secondary school section—please note that it is a requirement of the NZ Secondary Schools Sports Council that the entry form is signed by the Principal, and that date of enrolment at school and residency status is provided.

For further information please contact:
Oamaru Multisport Club, 4 Stoke St, Oamaru
Ph Diane 03 4347348 / 03 4379023
Fax 03 4379021
Email: diane.talanoa@ccsdisabilityaction.org.nz

Course details available on our website
www.oamarumultisport.org.nz

RESULTS WILL BE POSTED ON WEBSITE

26th Annual
**The Oamaru Mail Stamina
Event**
300m Harbour Swim / 20km Cycle / 5km Run
&
Duathlon
2km Run / 20km Cycle / 5km Run
RECREATIONAL section
300m swim or 2km run / 13 km cycle / 2.5 km run
Note—all distances approximate

This race is endorsed by Triathlon NZ and is part of the South Island Club Challenge Series.

Incorporating:
**South Island Secondary Schools
Triathlon & Duathlon Championships**
Seniors: 300m Harbour Swim or 2km run / 20km Cycle/ 5km Run
Intermediates & Juniors: 300m Harbour Swim or 2km run / 13km Cycle / 2.5km Run
Note—all distances approximate

Event sanctioned by NZ Secondary Schools Sports Council
SUNDAY MARCH 7, 2010

10 am: Juniors & Intermediates Triathlon & Duathlon; and Recreational section
10.10 am: Seniors Triathlon & Duathlon, Stamina Event & Open Duathlon

(see website for rules, briefing & detailed maps of course)